



YEARLY PHYSICAL HEALTH MAINTENANCE

Name		DOB		DATE	
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HAVE YOU HAD ANY OF THE FOLLOWING DONE?

HEALTH MAINTENANCE	DATE/YEAR	LOCATION
Tetanus vaccine		
Pneumonia vaccine		
Shingles vaccine		
Influenza		

HEALTH MAINTENANCE	DATE/YEAR	LOCATION	RESULTS
Colonoscopy			
Mammogram			
Pap Smear			
Bone Density Test			

MEDICATIONS

Are you currently taking any NEW medications? (For example prescribed by another physician recently)	<input type="checkbox"/> Yes	Medication Name/Dose/Directions: _____ _____ _____	<input type="checkbox"/> No

Do you have any NEW medication allergies or reactions?	<input type="checkbox"/> Yes	Medication name: _____ Reaction: _____	<input type="checkbox"/> No

FAMILY HISTORY

Please list any family members in your IMMEDIATE family with any of the following medical issues		LIVING?	YES OR NO (If deceased, what age)
Hypertension (high blood pressure)			
Hypercholesterolemia (high cholesterol)			
Diabetes			
Heart Disease/Heart Attack			
Cancer and Type			
Other:			

TOBACCO USE

Do you currently use tobacco?	<input type="checkbox"/> Never user	<input type="checkbox"/> Former user	<input type="checkbox"/> Current everyday user	<input type="checkbox"/> Current someday user
What kind of tobacco?	<input type="checkbox"/> Cigarettes	<input type="checkbox"/> Cigars	<input type="checkbox"/> Chewing tobacco	<input type="checkbox"/> Other
At what age did you start smoking?		At what age did you quit smoking?		
How much tobacco do you use per day?	_____ packs per day	_____ cans of smokeless tobacco per day		

Email: _____



PLEASE SEE BACK



CURRENT ACTIVE HEALTH ISSUES/CONCERNS

1.	Do you have any problems with your skin or hair?	
2.	Do you have any problems with your neck?	
3.	Do you have any problems with your ears, nose or throat?	
4.	Do you have any problems with your breathing or lungs?	
5.	Do you have any problems with your breasts?	
6.	Do you have any problems such as chest pain or palpitations?	
7.	Do you have any problems with your stomach or digestive system?	
8.	Do you have any problems with your joints or back?	
9.	Do you have any problems with your moods?	
10.	Do you have any problems with your urinary system?	
11.	FOR WOMEN Do you have any gynecologic problems including: menstrual problems, vaginal discharge and vaginal bleeding?	
12.	FOR MEN Do you have any problems urinating (slow to start, poor stream) or any sexual problems (erectile difficulties)?	